

ABOUT THE ARTIST

ENERGETIC PAINTINGS June, 2008



Jocelyne Flouttard-Cohen **Energetic paintings**

Jocelyne Flouttard-Cohen was born in Algeria and grew up in the south of France where she was living almost like a wild animal, painting and doing all kind of stuff with leaves, soils and stones. She studied Art & Communication in Perpignan & Orleans (France). She drew logos for a Fashion company in Paris. She moved to Tahiti and created a new business with her husband. She was doing flyers for her flower business and raised 3 boys at the same time. After 15 years of that life, she divorced and changed all her life. She became a masseuse and a healer. At the same time, she started to paint on rock. Here you can see her Art work for the first time in America.

Showing also her “Energetic paintings” for the first time in Tahiti (French Polynesia) in march 2008. Now she is married to an American, she is both living in Hawaii and in California.

From meditation to painting The Rainbow Collection

For the exhibition "Objective Zen" in March 2008, in Papeete (Tahiti, French Polynesia). Jocelyne Flouttard-Cohen created "The Rainbow Collection" to show her lovely Art-work in order to make a better world, following her idea that energetic paintings can heal. The love that she produces and spreads when she paints, are still in and around the paintings by their strong vibrations. To contact Jocelyne F. Cohen: worldrainbowhouse@mac.com

From meditation to painting:

Inspired by the work of a French healer and author, I present here the Rainbow collection. This collection of acrylic paintings results from my vision of energy in the human body and of the 7 principal centers of



energy, the chakras, at the time of my own meditations.

I want today to share this new collection with you to contribute in my way to a better world. I believe that in life, all is vibration. So, all my paintings are filled with vibrations of love, peace, joy, happiness and compassion knowing that these vibrations are positive.

The vibrations of the colors and the love heal. Love is the most powerful medicine in all the Universe.

The first chakra, represented here by the red color invites you to feel grounded in the heart of Mother Earth. You enter deeply in the texture of the Earth. The vibrations of the red color make you feel safe and stabilize you. In red you are strong, releasing all kind of fears.



My intention is to make you feel good and joy-full as I was, while I was doing these paintings.

Sharing my experience with you today is a great honor.

With love and light.

Thank you and enjoy.

Jocelyne F. Cohen.



Jocelyne Flouttard Cohen in Papeete (french Polynesia) for the Zen fair in march 2008.

Showing her rainbow collection of greeting cards and posters from her energetic paintings.

The first chakra, represented here by the red color invites you to feel grounded in the heart of Mother Earth. You enter deeply in the texture of the Earth: the matter, the magma.

The vibrations of the red color make you feel safe and strong. The red color energy stabilizes you.

In red you trust, releasing all kind of fears. Acrylics and oil pastels on canvas with seeds and spangles, realized in Hawaii in November 2007.

The second chakra represented here by the orange color invites you to be creative, to live pleasure and have fun.

By the element water associated to this energy center, you dive into feelings, emotions and sensations.

You are able to nourish your self with any kind of pleasure.

Art and music inspire you. The orange energy is all about pleasure, sexuality, creation and creativity. Acrylics and oil pastels on canvas realized in Hawaii in November 2007.



In yellow you are able to free yourself. Let you shine like the sun!!!
In orange, all kind of pleasure are around you and make you feel good!!!





The third chakra represented here by the yellow color requires to shine like the sun.

The vibrations of the yellow color release you, light you and free you.

The energy of the yellow illuminates you as the stars which shine and allow you to appropriate your own power. With the yellow energy, you are able to act now!

Acrylics and oil pastels on canvas realized in Hawaii in November 2007.

The fourth chakra represented here by the green color always invites you to the love in a completely unconditional way.

The vibrations of the green color spread love and healing. The feathers of angel and the spangles fill your heart with more love and more softness.

Green helps you in all your relationships. Breathe deep the green color energy and feel your heart opening to be able to give more love. Acrylics on canvas with feathers and spangles realized in Hawaii in November 2007.

The fifth chakra represented here by the blue color invites you to express yourself and listen to your intuition, this interior voice. Like the



immensity of the sky, all becomes easy with the vibrations of the blue.

The blue color helps you to make it easy. You experience the peace within you. Acrylics and oil pastels on canvas realized in Hawaii in November 2007.

The sixth chakra represented here by the indigo color invites you to be yourself without appearing. The vibrations of the indigo color tell you to accept all your power and your divinity. You are the principal actor of your movie. You are like a star shining in a huge indigo sky. You see and you know, using all your extra

sensorial senses. You know that you create your life. Acrylics and oil pastel on canvas with spangles realized in Hawaii in November 2007.

The seventh chakra represented here by the color violet invites you to feel one with the whole. The vibrations of violet link you with the deepest level of your soul and you find your direction. The violet color gives you clear goals and you are able to obey to your intuition. You open yourself to the Father Sky. You feel the unity within you. Acrylics and oil pastels on canvas realized in Hawaii in November 2007.

ROCK COLLECTION

ENERGETIC PAINTINGS June, 2008



Painting on Rocks Energetic paintings

The vibrations of colors and energy in life:

When I was a child, vibrating with the nature, I was doing all kind of stuff with soil, leaves, flowers, branches, stones and paints.

Later as a teenager, I painted a lot of landscapes that I was

dreaming of. I was dreaming of a better world. Then I went to an Art school to learn more about different techniques of painting, drawing and printing.

At this time I was also drawing games for children's books and giving silk painting lessons. Later my first job was to work for a textile company:

I was drawing tee-shirt logos. After one year doing that job, I went back to school and learned to make flyers, posters, logos, business cards and brochures with a computer.

Then, I got married, left France for Tahiti and worked with my husband. We created a floral business. At this time, I was doing the

brochures and flyers to sell tropical flowers and visit our tropical garden. Then a stopped for a while because we created 3 wonderful boys (Thanks to Manua, Heimana & Temoana). At this time, I stopped to paint, putting art and creativity on the side. It is only many years after, when I divorced and changed my life that I came back to my creativity. In January 2006, I started to paint rocks.

Why Rocks???:

I love stones since I am a little girl. I always have a stone in my pocket, in my purse or in my hand. I love all kinds of stones. I am collecting rocks from all over the World. My “painted rock collection “started 2 years ago in Tahiti after a workshop called “divine Connection” that revealed my inner power and brought me back to my creativity.

I always loved rocks. They are a reflection of the nature, our essence. They vibrate as we vibrate. They are alive.

Rocks ground me. I can feel their energy. When I started to paint rocks, I could not paint on canvas. I was stuck, feeling nothing on the canvas!

At the same time, I was changing my life and learning how to use energy to heal myself and others. I was also doing stone massage.

So one day, I was holding a stone that I picked on the beach in Tahiti and it was like a revelation. That stone was calling me and intuitively, I felt that I have to paint this particular stone. What an exciting experience!!! The nature inspired me at this time and continue to inspire me every day.

I paint because I love colors: it’s vibrations, substance and energy. Through painting I explore my inner self. I believe that colors heal the soul, the mind and the body, both of the artist and the viewer. It is why I started to paint with the rainbow colors following the energy of the chakras. Painting is a deep meditation for me. I usually let the colors guide me. I never know in advance what I will do.



Sometimes, i have just flashes of colors in my mind. That's it! And I have to express them like a necessity. I paint intuitively asking my higher being to guide me through colors.

It is just like when I am doing a healing with the rainbow colors. I know where to put the energy to help that person. It is the same with my energetic paintings; I can feel the vibrations of the colors that I have to use to make an energetic painting.



meditation.

You can sit, breath many times to relax and focus on the center of the painting. Let the color surround you. Dive deeply inside the color and observe what you feel.

You can accompany this meditation with sitar music in the note of the color. (For example the C for the red chakra).

What is energetic painting?

I believe that we are not just a body and that all is energy and vibrations.

As I am doing energetic re-balancing (Healing) with people using energy through my hands to bring back the flow of energy blocked. I am doing the same with my

paintings. Acrylics and oil pastels enable me to explore different levels of color s' healing vibrations. My intention is to add my energy of love and the vibrations of the colors to the paintings.

How to use energetic paintings:

1- as a contemplative

2- you can also contemplate the color for a few minutes and then close your eyes and imagine bringing that color to the chakra location of your body and fill it with the energy and the vibrations of



Golden and violet spiral on a withe soft coral stone. Acrylics, painted in Hawaii in 2007.





On the left hand side, Acrylic on canvas called the love song. Made in California in 2007.

On the bottom, an other energetic painted in 2007 by Jocelyne Floutard-Cohen called " Mother Earth and Father Sky". Acrylics and pastels on paper made in Hawaii.



Energetic paintings How to use them?

that color.

Observe what you feel and how you feel after doing that.

3- you can also focus on the color and say that the red color brings you stability, security and grounds you. With the positive vibrations of the words, you will add more power to your meditation.

You can also decorate your home with energetic paintings and stones in order to bring a positive energy into your living space.

To contact me for a home color consultation or energetic paintings : Jocelyne F. Cohen worldrainbowhouse@mac.com or visit our web site at : worldrainbowhouse.com.

